

TCU Benefits - Contact Information and Insurance Cards

HOW TO FIND IN-NETWORK PROVIDERS

Blue Cross Blue Shield – Medical

www.bcbstx.com there are 5 networks under Blue Cross Blue Shield, ours is [Blue Choice PPO Plan](#)

Do not ask providers if they take Blue Cross Blue Shield, because they may not take our network. On the website, if you click on the back arrow, you must reselect Blue Choice PPO Plan.

Cigna – Dental

www.cigna.com - Find a Doctor / DENTIST / General Dentist / zip code / (*do not select dentist from list*) Select a Plan

[HMO = DMO](#) / Select Find the dentist you want / DHMO Office IDs / write 6 digits office code on Benefit Enrollment Form or if you have the DMO dental card call Cigna 1-800-244-6224 change dentist with CIGNA before dentist appointment. Coverage only works if you go to the dentist you are assigned to in CIGNA's system.

[PPO or EPO = TDL](#) / network is CORE Network / Select In-Network Dentists bill off the contracted rate instead of the walk in rate for out-of-network dentist.

United HealthCare -Vision –

www.myuhcvision.com / Register (Subscriber ID = “Don't know”, enter last 4 digits of social security) look up providers or call 1-877-426-9300.

INSURANCE CARDS

Blue Cross Blue Shield – (medical card) network is Blue Choice PPO Plan. Medical cards are mailed from the insurance company. Cards may be printed from www.bcbstx.com / Register or call 1-888-762-2190 Group # 066446.

Express Scripts (prescription card) – cards are mailed from the insurance company. Cards may be printed from www.express-scripts.com / Register or call 1-866-776-0056 Group #JPXA

CIGNA (dental) – DMO plan mails cards. PPO/ TDL does not send cards. Cards may be printed at www.mycigna.com / Register – print a card for each member or call 1-800-244-6224 Group #3215812 and request card be mailed to you.

United HealthCare (Vision) – does not mail cards. Cards may be printed from www.myuhcvision.com / Register (Subscriber ID = “Don't know”, enter last 4 digits of social security) and print a card or call 1-877-426-9300 and request a card. Group # 0754094

Discovery Benefits (Flexible Spending Account) –mails cards which are valid for three (3) years. The yearly election amount is pre-loaded on the card. To continue coverage you must sign-up for coverage each year during open enrollment. For more information www.discoverybenefits.com or call 1-866-451-3399 Group #2465890

Tuition Exchange www.tuitionexchange.org

Magellan Health – EAP (Employee Assist Program) www.magellanhealth.com/member

Aflac Benefits www.aflac.com Contact Bo Cooper by email at r1_cooper@us.aflac.com

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