SPECIAL SAVINGS FOR: TEXAS CHRISTIAN UNIVERSITY
Visit VARIDESK.com and choose the VARIDESK products that are right for your business. Then, contact us to order and save!

HOW TO CLAIM YOUR SAVINGS:
Call or email your VARIDESK account representative below. Valid company email and shipping address required for delivery. If you don’t reach us when you call, leave a message or email us and we’ll get back to you right away.

Nathan Paredez
Account Manager
972-538-9558
Nathan.Paredez@varidesk.com

Thanks in advance for partnering with VARIDESK.
SIT-STAND DESK USERS ENJOY HEAD-TO-TOE BENEFITS

HEALTH
- Lower risk of heart disease, diabetes and other chronic illness [1]
- Use more muscles and burn more calories [2]

MOOD
- Better stress management [3]
- Lower risk of depression [4]

PAIN MANAGEMENT
- Relief from back and neck pain [5]
- Lower risk of musculoskeletal disorders [6]

WORK PERFORMANCE
- Increased productivity and creativity [7,8]
- Better energy, focus and attention [9,10]

SIT STAND DESKTOPS
- No installation necessary
- Arrives fully assembled
- A variety of sizes and models available

MONITOR ARMS
- Position displays for comfort
- Single and dual screen options
- VESA-standard compatible

ACTIVE SEATING
- Engages leg, back and core muscles
- Sit or lean against when standing
- Promotes good posture

ANTI-FATIGUE MATS
- Comfort for the feet, knees, hips and back
- High-density core and non-slip bottom
- A variety of sizes and styles available

[5] Impact of a Sit-Stand Workstation on Chronic Low Back Pain. American College of Occupational and Environmental Medicine
[6] Preventing musculoskeletal disorders in the workplace. Preventing Worker Health Series No. 1, World Health Organization
[9] Do sitting, standing or treadmill desks impact psychological indicators of work productivity? Centre for Research on Exercise, Physical Activity and Health, The University of Queensland, Australia.